Dr. Amy Aldridge is an accomplished academic leader with more than two decades of experience in higher education. Since 2022, she has served Middle Tennessee State University as vice provost for Academic Programs, where she leads initiatives in curriculum development, general education, academic policy, student records, course scheduling, and commencement. A tenured professor of communication studies, she also oversees strategic communication for the Provost's Office.

A full-time university administrator since 2016, Dr. Aldridge's previous leadership roles include associate provost at Texas A&M University—Corpus Christi and department chair at both TAMU-CC and Northeastern State University. Throughout her administrative career, she has spearheaded transformative projects such as curriculum overhauls, innovative academic programming, enhanced professional development opportunities, and strategic enrollment initiatives.

Dr. Aldridge is a respected scholar and practitioner with specific interests in leadership, change management, community organizing, and nonprofit organizations. Her research employs qualitative methods, including interviews, journal entries, and participant observation. She has served as a reviewer for multiple national journals and has published dozens of book chapters, peer-reviewed articles, newspaper editorials, and newsletter contributions.

Her book From Thought to Action: Developing a Social Justice Orientation is now in its second edition. Her forthcoming co-edited volume Reconciliation: The Final Step in Achieving Nonviolent Social Change features 55 contributors and is expected at the beginning of 2026. A TEDx speaker and curator, Dr. Aldridge is frequently invited to present at national conferences, universities, and community events.

A lifelong advocate for fair access and opportunity, Dr. Aldridge has served as president of the YWCA Corpus Christi, Central States Communication Association, and AAUW-Tennessee. Her contributions have earned numerous accolades, including the Jack Kay Award for Community Engagement and Applied Communication Scholarship, YWCA Corpus Christi's Y Women in Careers, multiple "40 Under 40" honors, and recognition as Communication Educator of the Year in both Texas and Oklahoma and Outstanding Administrator by the National States Advisory Council of the National Communication Association.

Dr. Aldridge holds a PhD and MA in communication studies from the University of Iowa. She also holds two degrees in education – an MEd in school administration and a BA in communication education – from Northeastern State University in the great state of Oklahoma, where her family has lived for multiple generations.